

A Prayer For Those Who Are Battle Weary

“The Lord is my banner...For hands were lifted up to the throne of the Lord.” -Exodus
17:15-16

Some days get hard. We feel exhausted. Worn. Tired of fighting. About ready to give up. Feeling like we can't go on. Struggling through defeat. The enemy seems to be hot on our trail. And we wonder if we've been left on our own.

For those who are battle-weary, His Truth over us for this day...

We're not alone. Not ever. God won't let go, though we may struggle with the lies that He's left us fending for ourselves in hard times. His Word is filled with reminders that He fights for us still today. It never says this life will be easy. He never promises that we won't get weary, or that we won't face an enemy or a giant. But He does say we can come to Him and He will give us rest. He does promise to fill us with the power of His Spirit and that His joy will be our strength. He does remind us that the battle is not ours but the Lord's. He does say that we wrestle not against flesh and blood, but against the spiritual forces of darkness in this life.

None of us are immune. Life is hard some days. And often there's not even just one “big” thing, but just lots of little battles that can drain us dry. Parenting, marriage, job, relationships, fears, worries about the future, experiencing loss, discouragement, illness, money problems – it all can leave us beaten down and worn. But, praise God, He gives us one another to help in times when we just feel like, “I can't anymore...”

We're all in this life thing together; let's help each other today. Give an encouraging word, smile at someone, write a note, send a text, buy someone a coffee, pray for another soul and let them know that you're praying, anything, just to remind a fellow believer that you're holding up their battle-weary arms. And that you're with them.

And God is with us.

"Dear God, The Battle Feels Intense Some Days. We Get Tired And Weak, Weary And Worn. It's Hard To Keep Going In The Face Of Defeat. But Help Us To Remember That You Will Never Leave Us, That You're Our Refuge And Our Strength, An Ever-Present Help In Trouble. We Know That The Enemy Wouldn't Be Fighting So Hard Against Us, If We Weren't Making A Difference For Your Kingdom. He Wouldn't Be Trying So Hard To Stop Us, If He Didn't Think You Had So Much Good Still In Store. Remind Us That The Battle Belongs To You, And Whatever We're Up Against Can Be Taken Down In One Fail Swoop By Your Mighty Hand. Help Us To Trust You More, To Never Waste Time Spinning Our Wheels And Wrestling Or Fighting In Our Strength. Please Forgive Us Lord For The Times We've Failed To Lift Our Hands To You, For The Days We've Forgotten To Come To You First. Fill Us With The Power Of Your Holy Spirit This Day. Fill Us With Your Joy, Fill Us With Your Wisdom And Discernment, Fill Us With Constant Reminders That Your Presence Will Go With Us, And You Will Give Us Rest."